

#### (4) School of Tapovan

##### Webinar

### 1. Tejasvi Balak: Tejasvi Bharat Webinar

Date : 26/05/2020

Venue of the Program: Children's University

Department Sanskrit Coordinator Dr. Rakeshbhai Patel, Director, School of Language and

Linguistics

The keynote speaker: Shri Jitendrabhai Timblia, Shri Sureshbhai Prajapati

Chief Guest of the Program: Shri Bhupendrasinh Chudasama Saheb, Minister of Education

#### Description of the Program

Children's University organized a very beautiful variety of webinars on socially useful and diverse topics during the lockdown.

Accordingly, the webinar on 'Tejasvi Balak: Tejasvi Bharat' provided advice on the role and health of mothers during pregnancy as the world's first university. The webinar was guided by Mr. Jitendra Timbalia and Mr. Sureshbhai Prajapati, experts in the subject of embryology.

In addition, the Vice Chancellor Shri Harshadbhai Shah also gave a beautiful speech about the work of the University. Shri Bhupendrasinh Chudasama Saheb, Minister of Education also welcomed this initiative. The new experiment was welcomed by the Secretary of Education, Smt. Anjubahen Sharma.

The webinar was viewed by about 15,000 people online. And about 8200 people registered in the webinar and received certificates. The entire program was managed by the Director of Bhasha Bhavan, Dr. Rakeshbhai Patel.

#### Pictures of the Program



Lectures/ Sessions/ Seminars organized at various Tapovan research centres of the University

#### 1. Tapovan Center, Gandhinagar

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	25.05.2019	By the Convenor	Deminstration of Nutrient Racipies
2	21.06.2019	By the Convenor	International Yoga Day celebration
3	29.06.2019	Hon'bl Shri Kulbhushan Sharma	Deminstration of Nutrient

			Racipies
4	09.09.2019	Hon'bl Vice Chancellor Harshad P. Shah	Visiting Tapovan
5	18.09.2019	GTPL team	Shooting the Programme 'Ame to Bolishun'
6	21.09.2019	By the convener	Demonstration
7	04.10.2019	Mata Nirmata Campaign(Chairman)	Visiting Tapovan
8	20.12.2019	Sh. Jaisinh Rathore (Hemchandracharya Gurukul)	Vedic Mathematics
9	10.01.2020	On the university campus	Birthday Celebration Program of children of Tapovan and Shishu Paramarshan Kendra (Birthday Celebration-1)
10	13.01.2020	Dr. Kamleshbhai J. Upadhyaya	National Youth Day Celebration Program
11	18.01.2020	By the Convenor	Swachchata Abhiyan
12	09.03.2020	On the university campus	Birthday Celebration Program of children of Tapovan and Shishu Paramarshan Kendra (Birthday Celebration-2)

## 2. Tapovan Research Center : Praathamik Aarogya Kendra, Rupal

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	05.09.2019	Mr. Kokilabahen Solanki	Teacher's Day celebrations Since when can infant education be imparted Infant's first school is the home
2	01.10.2019	Beneficiariaries	Food and Nutrition
3	06.12.2019	Mr. Dakshabahen Thakkar	Deminstration of Nutrient Racipies
4	17.01.2020	Mr. Rekhahaben Patel	Demonstration of dish made using food from packets
5	03.02.2020	Mr. Gagubahen Thakor	Pregnancy and diet
6	27.02.2020	Mr. Artibahen Patel	Kangaroo Mother Care -Why and for what category of babies
7	09.03.2020	By the Convenor	Holi celebration

### 3. Tapovan Research Center : Prāathamik Aārōgya Kēndra, Davol

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	06.05.2019	Gayatri family	Gayatri Yajna
2	13.06.2019	P.H. C Staff	Celebrating World Mother Language Day
3	25.07.2019	P.H. C Staff	Holi celebration
4	07.10.2019	P.H. C Staff	Devotional songs(Bhajan)
5	11.01.2020	Gayatri family	Gayatri Yajna
6	13.01.2020	By the Convenor	Swami Vivekananda Jayanti
7	11.01.2020	Dr. Mukeshbhai Bhrambhatt	Life of Swami Vivekananda
8	17.02.2020	By the Convenor	Birthday of children of Tapovan
9	22.02.2020	By the Convenor	Celebrating World Mother Language Day
10	09.03.2020	By the Convenor	Book reading
11	16.03.2020	P.H.C Supervisor	On the occasion of Mahashivaratri

### 4. Tapovan Research Center : Praathmik Aarogya Kendra,Sarsa

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	06.05.2019	Family Health Worker Mrs. Sushilabahen	Health care during pregnancy
2	21.06.2019	Dr. Aditiben Shah (Physiotherapist)	Celebrating Internaitonal Yoga Day
3	27.07.2019	Angadwadi worker Shri Damayantibahen Rathod	Nutritious diet and sanskar rituals
4	05.08.2019	Gynecologist Dr. Mayurbhai Baria	Understanding the importance of breast feeding
5	12.09.2019	Gynecologist and Superintendent	Nutritious diet during pregnancy
6	14.11.2019	Councilor Rinabahen Patel	Children's Day celebration
7	31.12.2019	ICTC Counselor ,Mehulbhai	World AIDS Day Information
8	02.01.2020	CHO of Anand Mrs. Hetalbahen Kansara	Nutritional diet information
9	11.01.2020	Midwife (Nurse) Rinabahen Rathod	Celebration of Uttarayan
10	08.02.2020	From Gayatri family Shri Asmitabahen Patel, Mr. Yoginibahen Patel	The importance of Deep meditation, chanting mantras during pregnancy

11	15.02.2020	Trustee of Tapovan Kendra Thamana, Shri Chandrakantbhai Patel	Nutritious food distribution program
12	03.03.2020	Family Health Worker Mrs. Sumitrabahen	Information on health during pregnancy

### 5. Praathmik Aarogya Kendra , Thamana Taluka. Umreth, District Anand

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	01.05.2019	Dr. Deepakbhai Pandya	The importance of breast feeding
2	06.05.2019	Organized by the P.H.C Center	Vaccination information
3	18.05.2019	Member of Shubhechchak Mandal	Buddhapurnima program
4	30.07.2019	By the Convenor	Punsvan Sanskar
5	14.08.2019	P.H.C staff	Independence Day celebrations
6	22.08.2019	Member of Shubhechchak Mandal	Celebration of Janmashtami festival
7	04.09.2019	By the Convenor	Ganesh Utsav
8	12.09.2019	By the Convenor	Celebrate Nutrition Week
9	04.10.2019	By the Pregnant ladies and the coordinator	Demonstration
10	14.10.2019	By the Convenor	Celebration of Navratri
11	13.01.2020	By the Convenor	Celebrating Makarsankranti
12	26.01.2020	By the Convenor	Republic Day celebrations
13	11.01.2020	By the Convenor	Malnutrition Week
14	18.02.2020	By the Convenor	Prakriti Vihar (Nature Walk)

### 6. Tapovan Research Center : Bhavnagar Mahila Mandal, Bhavnagar

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	06.06.2019	Mr. Ushabahen Mandaliya	Punsvan Sanskar
2	07.08.2019	Pravinabahen Parmar, tutor of medical college	Celebrated Breast feeding Week
3	09.11.2019	Ushabahen Mandilya	Punsvan Sanskar
4	14.11.2019	Dr. Hirwa Joshi	World Diabetes Day

## 7. Tapovan Research Center : Late. Ratilal Vaghasia Trust, Dhoraji

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	02.05.2019	Mr. Samikabahen Vaghasia	Vaccination information
2	21.06.2019	Shri Gayatribahen Bhatt	World Yoga Day(Yoga and Pranayam)
3	21.11.2019	Anjanabahen Vaghasia (Professor)	Information on Language Development Program
4	06.12.2019	Mr. Vanditabahen Dave (Arabic, Zula Trainer, Writer)	7 Therapy (laughing, clapping ...)
5	13.12.2019	Shri Gayatribahen Bhatt (Principal)	Birthday celebration (According to Indian calendar) Yajna Sanskar
6	17.01.2020	Shri Jagrutibahen Vaishnav (Gayatri family)	Garbh Samskar
7	21.01.2020	Shri Gayatribahen Bhatt (Principal)	Punsvan Yajna
8	11.02.2020	By the Convenor	Drawing Objects
9	20.02.2020	Shri Anjanabahen Vaghasia (Principal)	Celebration of Mother Language Day
10	28.02.2020	Shri Gayatribahen Bhatt (Principal)	Birthday celebration (According to Indian calendar) Yajna Sanskar
11	07.03.2020	Mr. Muktabahen Vaghasia (President of Gopi Satsang Mandal)	International Women's Day and Holi celebration program

## 8. Shri Tapi Brahmacharyashramsabha Trust O.H. Nazar Ayurveda College, Surat

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	06.05.2019	Mr. Jitubhai Timbalia	Information on Childcare
2	21.06.2019	Mr. Kamleshbhai Lapsiwala (Director of Comedy)	From laughter to health
3	15.07.2019	Ma. Shri Harshadbhai P. Shah (Vise Chancellor of Children's University)	Knowledge of Garbh Samskar
4	05.08.2019	Dr. Prakruti Vyas (M.D.)	Information about research related to Nature
5	06.09.2019	Mrs. Krishna Chauhan (Music Teacher)	The importance of classical music and a related program
6	05.10.2019	Dr. Jayeshbhai Sangani (Pediatrician)	Information about child care

7	05.11.2019	Dr. Yogeshbhai Manani (Gynecologist)	Embryology and Charak Samhita
8	28.12.2019	Dr. Kamalamani Rao (Children's University)	Dietary understanding for pregnant Ladies
9	17.01.2020	Dr. Riddhi Rathod (Panchkarma)	Important information on Panchkarma
10	18.02.2020	Dr. Rekhabahen Bhatt	Importance of Gujarati subject

### 9. Sakhyam Charitable Trust, Upleta

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	10.05.2019	Ms. Ansuyabahen Sathria	Punsvan Sanskar, Annaprashan and the Naming Ceremony
2	14.05.2019	Shri Krishnabahen Bharad (Trustee of Killol School)	World Water Day
3	21.06.2019	Dr. Khyatibahen Kundaria	Importance of exercise during pregnancy on the occasion of International Yoga Day
4	30.06.2019	Dr. Rashmibahen Mehta and Mangrolia Saheb	Essential care and nutrition of children during pregnancy
5	24.07.2019	Shri Kripabahen Charadva	Importance of Vedic Mathematics
6	05.08.2019	Ms. Nirmala	The importance of breast feeding

### 10. Tapovan Research Center : Gujarat Ayurveda University, Jamnagar

Sr. No.	Date	Name of Faculty / Resource Person	Subject
1	01.02.2020	Ms. Kripa Soni (JCRET Chairperson)	Food Kit Donation Program (Ek Mutthi Anaaj Ki Project)
2	17.02.2020	Mr. Kaushikbhai Naria	Information about the Placenta

### 11. Sanskardeep Trust, Ankleshwar

Sr. No.	Date	Name of Faculty / Resource Person	Subject
1	20.06.2016	Shri Parasbhai Parmar (founder-scientist garbh sanskar, Mumbai), Tarpanaben (Children's University, Gandhinagar) M.K.Nawadia Sir (Chairman) Hitenbhai Anandpura (HON, secretary)	Inauguration of the new Tapovan
2	17.07.2019	Swami Namdevji Maharaj	Couple convention
3	31.07.2019	Mr. Margiben Elephant	Program of Janani Chintan Sabha



4	31.08.2019	Experts of Ankleshwar colony	Program of Janani Chintan Sabha
5	31.10.2019	Shri Sudhaben Wadgama, Shri Gitaben Shrivatsan and Dr. Dinal Gandhi	Family convention
6	30.11.2019	Mr. Lalit Khambhay	Program of Janani Chintan Sabha
7	30.12.2019	Dr. Amishababen Patel	Birthday Celebration Program
8	31.12.2019	Dr. Jayababen Modi	Program of Janani Chintan Sabha "My language is my pride"

## 12. Tapovan Research Center : Jeevan Yoga Trust, Visnagar

Sr. No.	Date	Name of Faculty / Resource Person	Subject
1	11.06.2019	By the Convenor	Information of Ayurvedic medicine
2	21.06.2019	By the Convenor	International Yoga Day programme

## 13. North Gujarat Nadoda Rajput Samaj Seva Trust, Patan

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	04.05.2019	By the Convenor	Guiding the teachers
2	08.05.2019	Shri Pragyababen Patel	Intuition Game
3	22.06.2019	Dr. Parulbaben Patel Dr. Nidhibaben Patel (Gynaecologist)	Garbh Sanskar
4	03.07.2019	Ms. Komalbaben Dave	Information of allopathic medicine
5	11.11.2019	Ms. Madhubaben Patel	Giving Knowledge of Indian culture to the ladies of Shishumandir
6	30.11.2019	Shri Pushpababen Rawal	Children's University Phd. Quiz
7	02.12.2019	Shri Pushpababen Rawal	Children's University Phd. Quiz
8	25.12.2019	Dr. Mayankbhai Patel	Guide to Pregnancy
9	05.12.2019	By the Convenor	Cooking demonstration
10	25.12.2019	Dr. Mayankbhai Patel	Guiding pregnant ladies
11	11.01.2020	Dr. Mohanbhai Patel	Guiding pregnant ladies
12	23.01.2020	Ms. Vrindababen Thakkar	Questionnaire of pregnant ladies
13	07.02.2020	By the Convenor	Garbh Samskar

#### 14. Tapovan Research Center : Sadvichar Parivar, Ahmedabad

Sr. No	Date	Name of Faculty / Resource Person	Subject
1	07.05.2019	Dr. Ankitabahen Panchal	Caring for the Newborn child
2	14.05.2019	Dr. Ankitabahen Panchal	Various exercises during pregnancy
3	21.05.2019	Dr. Ankitabahen Panchal	Resolving Conflicts during Pregnancy
4	01.06.2019	Dr. Ankitabahen Panchal	Benefits and methods of breast feeding
5	14.06.2019	Ms. Meenabahen Suthar	Making things with wool
6	25.06.2019	Dr. Ankitabahen Panchal	Understanding of What to eat during pregnancy? What not to eat?
7	03.10.2019	Dr. Ankitabahen Panchal	Care to be kept during pregnancy
8	10.10.2019	Dr. Ankitabahen Panchal	The benefits of breathing exercises
9	17.10.2019	Dr. Ankitabahen Panchal	After Delivery
10	02.01.2020	Dr. Ankitabahen Panchal	Dietary information during pregnancy
11	23.01.2020	Dr. Ankitabahen Panchal	The importance of exercise during pregnancy
12	30.01.2020	Dr. Ankitabahen Panchal	Information on care during delivery
13	06.02.2020	Dr. Ankitabahen Panchal	Newborn child's care
14	13.02.2020	Dr. Ankitabahen Panchal	The benefits of breast feeding
15	20.02.2020	Dr. Ankitabahen Panchal	Information about confusion and doubts related to pregnancy
16	27.02.2020	Dr. Ankitabahen Panchal	Breathing exercises for pregnant ladies
17	05.03.2020	Dr. Ankitabahen Panchal	The benefits of breast feeding

#### 15. Tapovan Research Center : Shri Mahakali Trust, Aranej

Sr. No.	Date	Name of Faculty / Resource Person	Subject
1	16.07.2019	Shri Divyabahen Jadav (Principal)	Gurupurnima celebration
2	08.08.2019	Ms. Nayanabahen Solanki (Teacher)	Breast feeding Week
3	19.09.2019	By the Convenor	Nutrition Week programs
4	06.01.2020	By the Convenor	Garbhasanskar Yajna and Punsvan Sanskar program
5	15.03.2020	Shri Barad Dansingbhai and Gayatri family	Garbhasanskar Yajna and Punsvan Sanskar program



## 16. Shri Bhagini Seva Samaj, Kapadvanj

Sr. No.	Date	Name of Faculty / Resource Person	Subject
1	26.12.2019	Ms. Meenababen Vora	Pre-planning and information of Garbh Samskar
2	03.01.2020	Shri Nayanababen Gaadi and Shri Smitababen Galgali, Premababen Shah and Sunitababen Patel	Program at the Lions Club (Information of Mammography Test )

Types of Program	Shishu Parivar milan
Subject of Program	Parenting
Place of Program	Children's University, Gandhinagar
School	Shishu Paramarshan Kendra
Department	All Departments of Children's University
Coordinator	Dr. Rupam B. Upadhyaya
Chief Guest and Speaker of the Program	Shri. Harshadbhai Shah (Hon. VC, CU) Ritababen Patel (Mayor, Gandhinagar) Dr. Nilesh Pandya, Dr. Rupam B. Upadhyay, Shri Hardikbhai Bhatt
Date	05/01/2020
Program start time	4:00 pm
Time to complete the program	6:00 pm
Hours of Program	2 hours
Total Days of the program	1
Total Beneficiaries of the Program	148
Total Human Hour of the Program	296 hours

### Description of the Programme

'Shishu Parivar Milan' program was organized by Children's University dated on 05/01/2030, Sunday, for the beneficiary mothers of 'Shishu Parmarshan Kendra' and their families from 4:00 pm to 6:00 pm. The chief guest in the convention was the Mayor of Gandhinagar, Shri Ritababen Patel, Vice Chancellor of Children's University, Shri Harshad P. Shah, Assistant Professor of Extension Center and Coordinator of Shishu Paramarshan Kendra, Dr. Rupam Upadhyay and Assistant Professor of Center of Training, Dr. Nileshbhai Pandya. Apart from this, Assistant. Prof. Dr. Minalba Jadeja was invited. In total 44 beneficiary mothers joined the convention and 148 people took advantage of the convention.

Addressing the parents, Gandhinagar Mayor Shri Ritababen Patel said that they were lucky to be able to take advantage of the various centers run by Children's University located in Gandhinagar. Through Shishu Paramarshan Kendra you can help your child develop holistically.